



Foundations of Midwifery

NURS 1058 Study Period 2 - 2019

External - Distance Education

Introduction

Welcome

Welcome to Foundations of Midwifery, which I hope you will find both interesting and challenging. The purpose of this course is to provide you with a beginning understanding of the professional role, responsibilities and relationships of the midwife, as well as the practice standards you will need in order to provide effective contemporary midwifery care. As we will explore, working as a health professional places you in a privileged position in society, so you need to be aware of the ethics, professional guidelines and personal responsibility required in this role, as well as begin to develop your own self-awareness and philosophy of midwifery care. The women and families you care for will rely on you to have the necessary knowledge and expertise to ensure that they have the best possible health outcomes, therefore academic literacy and research are also introduced in this topic, giving you a foundation both for your continuing studies, and your future midwifery practice.

The material for this course is designed to encourage you to actively participate in your learning by questioning, critically analysing, and problem-solving as you engage with the weekly readings. These are essential skills for your academic and midwifery practice and it is vital that you begin to take responsibility now for your own professional learning. In this circumstance, this means that you come to each week having done all of the required readings so that you can contribute equally to online discussion with your peers.

Our best wishes for a rewarding and enjoyable introduction to your career and for your success in this course.

Lois McKellar (Course Coordinator and online tutor)

Course Teaching Staff

| | |
|---------------------|--|
| Course Coordinator: | Dr Lois McKellar |
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* Please refer to your Course homepage for the most up to date list of course teaching staff.

School Contact Details

School of Nursing and Midwifery

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Website: <http://www.unisa.edu.au/Health-Sciences/Schools/Nursing-and-Midwifery/>

Additional Contact Details

Course tutors:

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For all Program or administration related enquiries and to ensure you receive a prompt response, please use the following email address midwifery.enquiries@unisa.edu.au

For any IT challenges please contact the IT Help: ithelpdesk@unisa.edu.au

Course Overview

Prerequisite(s)

There are no prerequisite courses to be completed before this course can be undertaken.

Corequisite(s)

There are no corequisite courses to be completed in conjunction with this course.

Course Aim

To provide a foundational understanding of midwifery practice and professional frameworks within local and global contexts and to introduce the concepts of lifelong learning, critical thinking and evidence-based practice.

Course Objectives

On completion of this course, students should be able to:

CO1. Evaluate the role of the midwife in local and global environment.

CO2. Describe the professional, legal and ethical requirements which underpin midwifery care and practice with reference to relevant legislation, the Nursing and Midwifery Board (NMBA) practice standards for the Midwife and professional codes and guidelines.

CO3. Discuss the role of evidence-based practice and the range of knowledge and evidence that inform learning, healthcare provision and practice.

CO4. Explore a range of models of maternity care within the context of the political and economic environment of the Australian healthcare system and in comparison to national and international examples.

CO5. Demonstrate an understanding of the principles of public health and epidemiology and the role of midwifery in public health outcomes.

CO6. Demonstrate beginning communication skills for sensitive midwifery practice.

Upon completion of this course, students will have achieved the following combination of Graduate Qualities and Course Objectives:

| Graduate Qualities being assessed through the course | | | | | | | |
|--|-----|-----|-----|-----|-----|-----|-----|
| | GQ1 | GQ2 | GQ3 | GQ4 | GQ5 | GQ6 | GQ7 |
| CO1 | • | | • | | • | | • |
| CO2 | • | • | | • | • | • | |
| CO3 | • | • | • | • | | • | |
| CO4 | • | | • | | • | | • |
| CO5 | • | • | • | | • | | • |
| CO6 | • | • | | • | | • | |

Graduate Qualities

A graduate of UniSA:

GQ1. operates effectively with and upon a body of knowledge of sufficient depth to begin professional practice

GQ2. is prepared for life-long learning in pursuit of personal development and excellence in professional practice

GQ3. is an effective problem solver, capable of applying logical, critical, and creative thinking to a range of problems

GQ4. can work both autonomously and collaboratively as a professional

GQ5. is committed to ethical action and social responsibility as a professional and citizen

GQ6. communicates effectively in professional practice and as a member of the community

GQ7. demonstrates international perspectives as a professional and as a citizen

Course Content

Lifelong learning; introduction to academic and critical thinking skills; fundamental knowledge of professional practice, including professional practice standards, codes and guidelines, professional regulation and association and scope of practice; professional boundaries. History and politics of the midwifery profession; the midwifery philosophy of being 'with-woman'; woman-centred care; models of midwifery care; role of midwives in improving global health within the context of international research and public health programs. Evidence-based practice, law and ethics, communication and teamwork skills, and an overview of the Australian healthcare system; primary health; safety and quality in healthcare.

Teaching and Learning Arrangements

| | |
|-------------------|-----------------|
| External (Online) | 12 weeks |
| Workshop | 8 hours x 1 day |

Unit Value

4.5 units

OHS&W

Sick Leave

If you are sick you should not attend tutorials or scheduled workshop and you will need to notify your Course Coordinator. It is your responsibility to follow up on any missed tutorials or compulsory workshops.

Tutorials

If you are unable to attend your tutorial, please contact your tutor. The option of attending an alternative tutorial may be available.

Compulsory Workshops

If you are unable to attend your scheduled compulsory workshops, please contact your tutor and/or the Course Coordinator as soon as possible. Attendance at compulsory workshops is necessary for you to pass this course. In order to ensure that we are able to provide you with a makeup workshop, a medical certificate and/or other supporting evidence is required. Please do not simply attend another workshop

Academic staff illness

Academic staff and visiting speakers may be unable to attend their scheduled teaching session due to illness or unanticipated life events. When this occurs the Course Coordinator will make every effort to ensure that the teaching session takes place supported by an appropriate member of staff. In the event that cancellation of the session becomes necessary, students will be notified by email and alternative arrangements made. To avoid an unnecessary journey, as a result of cancellation, students need to routinely check their student emails PRIOR to lectures, tutorials and workshops.

Further Course Information

Pre-tutorial preparation

It is an expectation that student will undertake all **pre-tutorial preparation** prior to attending the tutorial. This may include; completing identified readings, online videos, activities or group work. Students who have not completed the pre-tutorial preparation may be asked to leave the tutorial and complete the preparation before continuing with the class.

Communication with Students

The University's primary method of communication with students is electronic, through the UniSA student email account and the student portal. Your Course Coordinator is the first point of contact for any questions you may have. Please use the General Forum on your Course learn online site to seek clarification and ask course

specific questions. For further information refer to Guidelines on Electronic Communications with Students at the following website: <http://www.unisa.edu.au/policies/codes/miscell/ecomstudents.asp>

Student Workload

The assumed student workload for a 4.5 unit course is 35 hours per unit which is 157.5 hours for a 15 week study period. This equates to approximately 10 hours/week of contact and non-contact hours and includes approximately:

- 7.5 hours/week for activities such as, participation in online activities, workshops, self-directed and independent course related reading and reflection to enable deep engagement with the course materials.
- 2.5 hours/week for researching, further reading and completing course assessments for submission

For further information refer to Time/workload management at the following website: <http://w3.unisa.edu.au/counsellingservices/balance/workload.asp>

Student Access Plans (SAP)

Student should contact the Course Coordinator before the start of each course if they have a current student access plan and believe they may need any adjustments to the course. This includes extending timelines for assessment tasks, predicted absence from course activities or accommodations in the Horizon Hospital and Health Service (HHHS). The Student Access Plan and course requirements will be reviewed with a course specific plan developed before the student commences the course.

Workshop/seminar attendance

Attendance at all workshops/seminars is compulsory. Attendance will be recorded at all sessions for both internal and external mode students. Students who miss one or more workshops and/or the seminar without evidence of unexpected or exceptional circumstances will fail the course. In this case you will need to speak with the Program Director for a new study plan and can expect the program completion date to be altered which will extend the time in the program.

Where there are extenuating circumstances a written request can be sent to the Course Coordinator to consider the reason for non-attendance. It is an expectation of the course that you come prepared to engage in the workshops having undertaken all necessary preparation and readings. Students who attend and have not undertaken the necessary preparation will be asked to leave the workshop which may result in the student being unable to complete the course.

Learning Resources

Textbook(s)

There are no textbooks listed for this course.

Reference(s)

The program text 'Midwifery Preparation for Practice' will be utilised in this course and you will be required to have continual access to the book "**Aussie Midwives**" Fiona McArthur as we will be reading this throughout the course.

Materials to be accessed online

learnonline course site

All course related materials can be accessed through your learn**online** course site which you will be able to access from the my Courses section in myUniSA.

myUniSA

All study related materials can be accessed through: <https://my.unisa.edu.au>

Assessment

Assessment Details

Details of assessment submission and return are listed under each assessment task. Assessment tasks will be returned to you within two to three weeks of submission.

If the Course Coordinator allows submissions in hard copy format, you will be required to attach an Assignment Cover Sheet which is available on the learnonline student help (<https://lo.unisa.edu.au/mod/book/view.php?id=1843&chapterid=567>) and in myUniSA.

Assessment Summary

| # | Form of assessment | Length | Duration | Weighting | Due date (Adelaide Time) | Submit via | Objectives being assessed |
|---|-----------------------|------------|----------|-----------|--|--|------------------------------|
| 1 | Participation | - | - | 10% | 14 Jun 2019, 11:00 PM | learnonline | CO1, CO2, CO3, CO4, CO5, CO6 |
| 2 | Continuous assessment | 2500 words | - | 50% | See <i>assessment activities for details</i> | See <i>assessment activities for details</i> | CO1, CO2, CO3, CO4, CO5, CO6 |
| 3 | Essay | 2000 words | - | 40% | 7 Jun 2019, 11:00 PM | learnonline | CO1, CO2, CO3, CO5, CO6 |

Feedback proformas

The feedback proforma is available on your course site.

Assessments

Participation (Graded)

Purpose of Assessment

This assessment item encourages you to actively participate in the discussion of issues relating to your future role as a midwife. It is linked to the development of your knowledge at a beginning level.

Requirements

Attendance at the one-day communication workshop and active student contribution and participation in at least 80% of tutorials, as well of evidence that you have access the learnonline resources, particularly for pre-tutorial preparation and post-tutorial reflection. If you are absent for any reason from a tutorial please please inform your tutor prior to the day if possible and offer a valid reason for your absence. Weeks of non-attendance will not be scored. This will be an ongoing assessment.

Continuous Assessment (Graded)

Assessment Activities

| Name | Sub-weighting | Due date (Adelaide Time) | Submit via |
|---------------------|---------------------------------|--------------------------|-------------|
| Social Media Module | All activities equally weighted | 22 Mar 2019, 11:00 PM | learnonline |
| Quiz 1 | All activities equally weighted | 5 Apr 2019, 11:00 PM | learnonline |
| Quiz 2 | All activities equally weighted | 10 May 2019, 11:00 PM | learnonline |
| Quiz 3 | All activities equally weighted | 31 May 2019, 11:00 PM | learnonline |

Purpose of Assessment

This continuous assessment item is composed of an **online social media module** and **three quizzes**.

The social media module must be complete by you and a copy of the completion certificate uploaded on to the learn online to receive a grade. This will be discussed in class or your virtual classroom.

Each quiz will draw on content covered in the previous weeks tutorial and will require you to apply this knowledge in responding to the questions. Each quiz will close at 11pm on the due date and you will no longer be able to access the quiz after this time. Any quiz not undertaken will result in a 0 mark for that item of the continuous assessment.

The tally of the completed social media module and the three quizzes will provide a final score and grade for this assessment.

Essay (Graded)

Address **one** only of the following topics, using current literature* and your textbooks.

1) The concept of **woman-centred care** is central to midwifery practice. Discuss the bioethical principles of **autonomy, justice, beneficence** and **non-maleficence** and how these principles underpin the midwifery philosophy of woman-centred care.

(This essay requires you to provide evidence of a clear understanding of woman-centred care, the four ethical principles and midwifery philosophy).

OR

2) The National Maternity Services Plan identified four priorities for maternity care in Australia. Priority one identified the need to increase access for all women to local maternity services by expanding the range of models of care. Provide an **overview** of the **models of maternity care** available for women in Australia and discuss these models in relation to the principles of **public health** (as defined by the World Health Organisation). To assist in responding to this topic, consider the relationship of continuity of care and/or carer and maternal and neonatal outcomes.

(This essay requires you to provide evidence of knowledge of maternity models of care and an understanding of public health principles, as well as the relationship of continuity of care/carer to maternal and neonatal outcomes)

OR

3) The National Maternity Services Plan identified four priorities for maternity care in Australia. Priority two identified a need to ensure Australian maternity services provide high-quality, evidence-based maternity care. Provide an **overview** of **evidence based practice** (EBP) in maternity care and discuss **at least three challenges** and three **benefits** of EBP in the context of the philosophy of **women centred care**.

(This essay requires you to provide evidence of a sound understanding of evidence based practice and women centred care, and your ability to discern how evidence based practice may interact with providing woman centred care.)

*You are required to reference your program textbook(s) and a minimum of four (4) additional peer reviewed journal articles published from 2010. You may include articles before this date if they are significant and relevant to your discussion but you must have a minimum of 5 references (including text) dated after 2010.

Your paper must include:

1. An introduction demonstrating your understanding of the topic and your plan for the essay.
2. A clear response to the essay question with reference to up-to-date and relevant research as well as professional codes and guidelines. This does not mean directly quoting, or cutting and pasting large amounts of information. Instead, you will need to paraphrase and draw on the intent of the literature to support the argument you are making.
3. A concise conclusion that summarises the main points of your essay and returns the reader to the view, or position you have taken.
4. Please provide a reference list presented in UniSA Harvard Referencing System format.
6. Please attach a feedback form as the last section of your document. Instructions on how to do this can be found via the Assessment link on the course homepage.

Academic Writing Requirements

Please refer to information in the assessment folder on the learnonline course site.

Submission and return of assessment tasks

Re-submission

PLEASE NOTE: Students may request a re-submission for Assessment 3 – Eligibility for re-submission will be determined and administered as per Section 5.2 of the [Assessment Policy and Procedures Manual](#).

Re-submissions will be considered for assignments that receive an F1 grade

Re-marking

Re-marking will occur as per section 5.1 of the [Assessment Policies and Procedures Manual](#)

Extension Request Policy

Extensions to assessment task will follow the University of South Australia [Assessment Policies and Procedures Manual](#) (APPM) clause 7.3 - Extension to complete an assessment task.

All assessment extensions requests must be:

- submitted via the Learnonline site to the Course Coordinator
- lodged **two (2) working days prior** to the time and date that the assessment item is due
- include a reason for the extension request *

All requests must be supported with documentary evidence for example, medical certificate.

Requests for an extension greater than 7 days will only be granted under extenuating circumstances and at the discretion of the Course Coordinator and relevant Program Coordinator and/or Program Director.

Late applications for an extension will be rejected.

Late Submission of Assignments

Late submission of assignments will result in a penalty. The penalty for late submissions will be:

1. a deduction of 10 marks per day or part day, for each day that the assignment is late up to a maximum of 5 days.
2. assignments which are more than 5 days late will not be marked and will be assigned a zero grade inclusive of non-graded pass work.

Example 1: If you submit a paper one and a half days late you will receive a penalty of 20 marks. Your paper will be marked and the 20 marks will be deducted from the mark which you would have obtained if your paper was submitted by the due date. A paper which was given a mark of 70/100 but was submitted 2 days late will receive a final mark of 50.

Example 2: A paper due 11.45 pm on Monday and submitted after 11.45 pm on Saturday will not be marked and assigned a zero grade Considerations of unexpected or exceptional circumstances are as per Assessment and Policy Procedure Manual Sections 7.8 – 7.11

Variation to Assessment

Students may request a variance to assessment methods, tasks and timelines based on unexpected or exceptional circumstances. For further information refer to section 3.2 of the [Assessment Policies and Procedures Manual](#).

Exam Arrangements

This course does not have an exam.

Variations to exam arrangements

Variation to exam arrangements does not apply to this course.

Supplementary Assessment

Supplementary assessment or examination offers students an opportunity to gain a supplementary pass (SP) and is available to all students under the following conditions unless supplementary assessment or examination has not been approved for the course:

1. if the student has achieved a final grade between 45-49 per cent (F1) in a course
2. if a student who has successfully completed all of the courses within their program, with the exception of two courses in which they were enrolled in their final study period, a supplementary assessment or examination may be granted where the final grade in either or both of these courses, is less than 45 percent (F1 or F2) and all assessments in the courses were attempted by the student. Supplementary assessment will not be available for a course under investigation for academic integrity until the investigation is completed, and determined that it did not constitute academic misconduct.

More information about supplementary assessment is available in section 7.5 of the Assessment Policy and Procedures Manual.

<http://i.unisa.edu.au/policies-and-procedures/codes/assessment-policies/>

Supplementary assessment will be available for this course.

Important information about all assessment

All students must adhere to the University of South Australia's policies about assessment:

<http://i.unisa.edu.au/policies-and-procedures/codes/assessment-policies/>.

Additional assessment requirements

There are no additional assessment requirements identified for this course.

Students with disabilities or medical conditions

Students with disabilities or medical conditions or students who are carers of a person with a disability may be entitled to a variation or modification to standard assessment arrangements. See Section 7 of the Assessment Policy and Procedures Manual (APPM) at: <http://i.unisa.edu.au/policies-and-procedures/codes/assessment-policies/>

Students who require variations or modifications to standard assessment arrangements should make contact with their Course Coordinator as early as possible in order to ensure that appropriate supports can be implemented or arranged in a timely manner.

Students can register for an Access Plan with UniSA Access & Inclusion Service. It is important to make contact early to ensure that appropriate support can be implemented or arranged in a timely manner. See the Disability Hub for more information: <http://www.unisa.edu.au/Disability/Current-students>

Students are advised there is a deadline to finalise Access Plan arrangements for examinations. Further information is available at: http://i.unisa.edu.au/campus-central/Exams_R/Before-the-Exam/Alternative-exam-arrangements/

Deferred Assessment or Examination

Deferred assessment or examination is not available for this course. APPM 7.6.4

Special Consideration

Special consideration is not available for this course. APPM 7.7.4

Variations to assessment tasks

Variation to assessment methods, tasks and timelines may be provided in:

Unexpected or exceptional circumstances, for example bereavement, unexpected illness (details of unexpected or exceptional circumstances for which variation may be considered are discussed in clauses 7.8 - 7.10 of the Assessment Policy and Procedures Manual). Variation to assessment in unexpected or exceptional circumstances should be discussed with your course coordinator as soon as possible.

Special circumstances, for example religious observance grounds, or community services (details of special circumstances for which variation can be considered are discussed in clause 7.11 of the Assessment Policy and Procedures Manual). Variations to assessment in expected circumstances must be requested within the first two weeks of the course (or equivalent for accelerated or intensive teaching).

Students with disabilities or medical conditions please refer to **Students with disabilities or medical conditions**.

Marking process

Assessments will be returned to students within 2-3 weeks from submission. The Assessment, Policies and Procedure Manual (APPM) can be accessed here https://i.unisa.edu.au/siteassets/policies-and-procedures/docs/manual/2019/appm_2019.pdf?1548990248645

Extension Request Policy

Students may request an extension for assessment. Extensions will be determined as per the Assessment Policies and Procedures Manual clause 7.3 - Extension to complete an assessment task.

Late applications without a clear indication of the reason for the request and/or documentary evidence (requests greater than 7 days) will be rejected and the School of Nursing and Midwifery penalty for late submission of assignments will apply.

Late Submission of Assignments

Late submission of assignments (where an extension has not been granted) will result in a penalty. The penalty for late submissions will be:

- a deduction of 10 marks per day or part day, for each day that the assignment is late up to a maximum of 5 days.
- assignments which are more than 5 days late will not be marked and will be assigned a zero grade.

Example 1: If you submit a paper one and a half days late you will receive a penalty of 20 marks. Your paper will be marked and the 20 marks will be deducted from the mark which you would have obtained if your paper was submitted by the due date. A paper which was given a mark of 70/100 but was submitted 2 days late will receive a final mark of 50.

Example 2: A paper due 11pm on Monday and submitted after 11pm on Saturday will not be marked and assigned a zero grade

Considerations of unexpected or exceptional circumstances are as per Assessment Policy and Procedures Manual sections 7.7 - 7.11

Academic Integrity

Academic integrity is the foundation of university life and is fundamental to the reputation of UniSA and its staff and students. Academic integrity means a commitment by all staff and students to act with honesty, trustworthiness, fairness, respect and responsibility in all academic work.

An important part of practising integrity in academic work is showing respect for other people's ideas, and being honest about how they have contributed to your work. This means taking care not to represent the work of others as your own. Using another person's work without proper acknowledgement is considered Academic Misconduct, and the University takes this very seriously.

The University of South Australia expects students to demonstrate the highest standards of academic integrity so that its degrees are earned honestly and are trusted and valued by its students and their employers. To ensure this happens, the University has policies and procedures in place to promote academic integrity and manage academic misconduct. For example, work submitted electronically by students for assessment will be examined for copied and un-referenced text using the text comparison software Turnitin <http://www.turnitin.com>.

More information about academic integrity and what constitutes academic misconduct can be found in Section 9 of the Assessment Policies and Procedures Manual (APPM): <http://i.unisa.edu.au/policies-and-procedures/codes/assessment-policies/>. The Academic Integrity Module explains in more detail how students can work with integrity at the University: <https://lo.unisa.edu.au/mod/book/view.php?id=252142>

Action from previous evaluations

Students are **strongly encouraged** to complete the **myCourseExperience** surveys to provide feedback about the course and their individual tutor. These questionnaires are completed on-line and will be available at the end of the study period. We use the feedback provided to inform future changes to the course. We have changed the assessments due to previous years feedback.

Unplanned learnonline outages (text version)

The information below show the suggested alterations/considerations for assessment items and exam dependent on the duration of the unplanned outage

less than 1 hour outage. No impact on either assessment or examination

1 to 4 hour outage. **Assessment** - Consider an extension. **Examination** - No impact.

4 to 24 hour outage. **Assessment** - 24 hour extension. **Examination** - Be mindful of outage when marking

Over 24 hour outage. **Assessment** - 48 hour extension. **Examination**- Be mindful of outage when marking

Course Calendar

Study Period 2 - 2019

| Weeks | Topic | Assessment Details (Adelaide Time) | Comments | Public Holidays |
|-----------------------|-----------------------------------|--|--|--|
| 18 - 24 February | Pre-teaching | | | |
| 25 February - 3 March | Pre-teaching | | | |
| 1 04 - 10 March | Introduction to Midwifery | | | |
| 2 11 - 17 March | Being a Midwife | | Virtual Classroom Thursday 14th March 1230-1300 | Adelaide Cup Day 11/03/2019 |
| 3 18 - 24 March | Literacies for midwifery practice | Continuous Assessment: Social Media Module due 22 Mar 2019, 11:00 PM | | |
| 4 25 - 31 March | Women centred care | | Virtual Classroom Tuesday 26th March 1130-1200 | |
| 5 01 - 7 April | The Australia health care system | Continuous Assessment: Quiz 1 due 05 Apr 2019, 11:00 PM | | |
| 6 08 - 14 April | Models of midwifery care | | Virtual Classroom Thursday 11th April 1230-1300 | |
| 15 - 21 April | Mid-break | | | Good Friday 19/04/2019 Easter Saturday 20/04/2019 |
| 22 - 28 April | Mid-break | | | Easter Monday 22/04/2019 ANZAC Day 25/04/2019 |
| 7 29 April - 5 May | Evidence based practice | | Communication workshop on campus at City East on Wednesday 1 May in room C4-08 - 9am-5pm | |
| 8 06 - 12 May | Ethics for midwifery practice | Continuous Assessment: Quiz 2 due 10 May 2019, 11:00 PM | | |

| | | | | |
|----|-----------------|---|---|---|
| 9 | 13 - 19 May | Law for midwifery practice | | Virtual Classroom Tuesday 14th May 1100-1130 |
| 10 | 20 - 26 May | Professional regulation | | |
| 11 | 27 May - 2 June | Global midwifery and public health | Continuous Assessment: Quiz 3 due 31 May 2019, 11:00 PM | Virtual Classroom Thursday 30th May 1230-1300 |
| 12 | 03 - 9 June | Linking it all together: midwifery practice | Essay due 07 Jun 2019, 11:00 PM | |
| 13 | 10 - 16 June | | Participation due 14 Jun 2019, 11:00 PM | Queen's Birthday 10/06/2019 |
| 14 | 17 - 23 June | | | |
| | 24 - 30 June | Exam week | | |
| | 01 - 7 July | Exam week | | |